



SAFETY DISCLOSURE CARD

KEEP THIS CARD IN YOUR WALLET



To: A Law Enforcement Officer or other First Responder I have been diagnosed with an Intellectual/Developmental Disability (IDD).

My Name Is: _____ **DOB:** ____/____/____

Some behaviors with my social/communication disability may be mistaken for a suspicious or an inappropriate act. This behavior is NOT a refusal to cooperate or resisting. When nervous, I might avoid eye contact. When I'm touched or restrained it could cause a meltdown. I've been trained by IDD SAFE to remain CALM, COMMUNICATE and COMPLY. **If I have challenges, please read entire card to help me through this contact.**

In case of emergency, or to assist us in communicating and resolving this situation, please contact my first Emergency Contact listed below (my secondary contact is on reverse of card)

Contact 1: Name: _____ **Phone:** _____

WHAT I NEED TO REMEMBER:

DURING A TRAFFIC STOP I MUST: 1. Pull car to right curb when safe. 2. Place gear in PARK 3. Roll down window(s) 4. Turn off radio 5. Put hands on steering wheel 6. Be polite 7. Let officer know "I have a safety card" 8. Answer all questions 9. Wait for Officer's instructions 10. Ask permission to get Driver's License before you move 11. Slowly move to retrieve License and Safety Card 12. Place hands back on steering wheel 13. Comply

1. DISCLOSURE IS THE FIRST STEP FOR ME TO MAKE IT HOME SAFE
2. DON'T BE AFRAID - THIS PERSON IS HERE TO HELP ME
3. STAY CALM - BEING NERVOUS AND ANXIOUS IS NATURAL
4. COMMUNICATE HOW I FEEL AND WHAT I MIGHT NEED
5. COMPLY WITH COMMANDS AND ORDERS - ANSWER QUESTIONS
6. LET FIRST RESPONDER KNOW IF I HAVE THINGS THAT TRIGGER ME
7. ASK FOR THEM TO TALK SLOW AND REPEAT IF I'M CONFUSED
8. LET THEM KNOW IF LOUD NOISES OR LIGHTS BOTHER ME
9. DO NOT PULL ANYTHING OUT OF MY POCKETS AND EMPTY HANDS
10. LET THEM KNOW I MAY SHUT DOWN OR ESCALATE IF STRESSED
11. LET THEM KNOW IF I DON'T LIKE BEING TOUCHED OR RESTRAINED
12. EXPLAIN MY SELF-STIMULATORY BEHAVIOR OR COMFORT ITEMS

Contact 2: Name: _____ **Phone:** _____